



140 Mt. Holly Bypass Unit 5
Lumberton, NJ 08048
Phone 609-267-1555
Fax 609-267-1566

Visit us on the web at
www.bcendoscopycenter.com

For questions about the procedure Call 609-265-1700

Endoscopy Instructions

The test will be cancelled if:

- 1) **IF you have no one to drive you home (A bus or taxi is not acceptable)**
- 2) **You are required to have a responsible party over the age of 18 for transportation**
- 3) **IF you eat any food the day of the test**
- 4) **IF you drink any fluids less than 4 hours before the test.**

If you have a fever, cold, or bad cough with phlegm in the days before the procedure call our office (609-265-1700) as your procedure may need to rescheduled

The MORNING OF THE PROCEDURE:

Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test. DO NOT CHEW GUM, HARD CANDY, or SMOKE UNLESS given other instructions. This also includes ALL inhalers.(Do Not Smoke the day of the test.)Bring a current list of meds and their doses with you.

HMO insured patients may require a referral or precertification. You will need to bring a Picture ID, your insurance cards, referral, and co-pay at the time of the visit.

PRIOR TO YOUR EXAM:

You will receive specific instructions on medicines such as aspirin, arthritis medicines, Coumadin, pradaxa, and diabetic medication which will be on the *Medicine Instruction Sheet* that you are given at checkout or was mailed to you. Discontinue any medications ONLY if directed by the office.

Your procedure will take approximately 5-10 minutes once you go into the procedure room.

Special situations such as diabetes, patients on coumadin and antibiotic prophylaxis will be addressed in your Medicine Instruction sheet.

Report to the Endoscopy Center on: _____ at _____ am/pm

The MORNING OF THE PROCEDURE:

Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test If the test is scheduled after 1 PM then you may have small sips of water up to 8 AM, then nothing more afterwards.

NO SMOKING CIGARETTES OR SMOKING MARIJUANA, INGESTING OF MARIJUANA, MEDICINAL MARIJUANA OR EDIBLES. NO HARD CANDY, LIFESAVERS, MINTS, OR GUM*****

If you are female patient, please do not urinate prior to coming in for your procedure. You may be asked to provide a urine sample when you arrive at the surgical center.