Upper Endoscopy Preparation Tips

General Tips

1. **Reread your instructions one week before the procedure** to go over any changes in your medicines, such as stopping aspirin, aspirin like drugs, Plavix, Coumadin, or diabetic medicines.

2. **Note: Procedures are no longer done in the office but at Burlington County Endoscopy Center, 140 Mt. Holly Bypass, Unit 5, Lumberton.** If you have any questions regarding insurance coverage for the procedure please contact Burlington County Endoscopy Center at 609-267-1555

3. Burlington County Endoscopy Center will make a call to your insurance company to check eligibility, benefits and check for precertification or prior authorization. However, we encourage all patients to call their insurance company to check their benefits. This way there are no surprises that appear after you have the procedure.

THE DAY OF THE UPPER ENDOSCOPY

A. **YOU ARE TO EAT NO SOLID FOOD AT ALL THE DAY OF THE TEST.**

B. You may take your morning medicines with a small sip of water AT LEAST 4 hours before arriving at the Endoscopy Center.

C. **Bring a Photo ID to identify yourself at registration and bring your current insurance card or cards.**

D. Bring a current list of your medicines and supplements with you including the dose amount and how often you take them to the Endoscopy Center

E. **Preprocedure Evaluation** at the Endoscopy Center is up to 45 minutes long and includes filling out paperwork and a pre-procedure medical evaluation by the Nursing staff and Anesthesiology.

F. **You must have a ride home and your driver must stay at the Endoscopy Center while you have your procedure** and take you home after the procedure. (If you do not have a ride home your test will be cancelled.)

G. **ONLY IF your exam is AFTER 1 P.M. may you have small sips of clear liquids such as water, Gatorade, soda, coffee, or tea (Without Milk or Cream) up to 8 A.M.** DO NOT DRINK ANY LIQUIDS AFTER 8 A.M. OR YOUR TEST MAY BE CANCELLED.

QUESTIONS ABOUT THE PROCEDURE CALL 609-265-1700

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